

Dent-Phelps R-III August 2026 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Nutrients The daily nutrition count listed below is found by averaging the entire week's worth of meals
Menu subject to change without notice			26 Cheese Omelet, Fruit, Juice, Milk ***** General Tso Chicken, Rice, Veggies, Fruit, Milk	27 Sausage Pancake Stick, Fruit, Juice, Milk ***** Mozzarella Bites w/ Marinara Sauce, Carrots w/ Ranch , Fruit, Milk	28 Turkey Cheese Croissant, Fruit, Juice, Milk ***** Hot Dog on Bun, Fries, Fruit, Milk	29 B = 348 Calories 2.5 g Sat. Fat L = 503 Calories 5.2 g Sat. Fat
30	31 Muffins, Fruit, Juice, Milk ***** Taco Pasta, Breadstick, Mixed Vegetables, Fruit, Milk					B = 270 Calories 2 g Sat. Fat L = 425 Calories 5.0 g Sat. Fat
31						